Jesus: the Bread of Life

Answer the following questions in complete sentences.

1. What bread did God provide for his chosen people during the Exodus?

2. What bread does God provide for the new People of God?

3. What did Jesus say about this bread in John 6:48–54?

4. Why were the people confused?

5. How can we accept Jesus’ teaching?
The Signs of the Holy Eucharist

Answer the following questions in complete sentences.

1. What is the sign of the Eucharist?

2. What is the matter?

3. What is the form?

4. Why did Jesus use bread and wine?

5. Into what did Jesus change the bread and wine?

6. How is the Eucharist food for our souls?

7. Are the priest's words in the Consecration of the Eucharist the same as Jesus' words? Why is this important?

8. What are some other names for this Sacrament?
The Mystery of the Eucharist

Answer the following questions in complete sentences.

1. What do we call the change that occurs at the Consecration? What does this word mean?

2. In faith, what do we know we are receiving?

3. Why is the Eucharist called the Mystery of Faith?

4. What is the Real Presence?

5. Do the Body, Blood, Soul, and Divinity of Jesus remain present in the Eucharist after the Mass?

6. What is a tabernacle? What is a vigil lamp?
The Effects of the Eucharist

Answer the following questions in complete sentences.

1. Does the Eucharist increase grace in our souls?

2. How does the Eucharist cleanse our souls from sin?

3. How does receiving the Eucharist unite us with one another?

4. What does Holy Communion help us to do?

5. How can we deepen our relationship with Christ?

6. How does the Eucharist prepare us for the resurrection of the dead?