

23 - The Eucharist in Our Lives

Read pgs. 119-120 - take notes on how the Eucharist is the greatest sacrament and how it connects to all the other sacraments.

- All Sacraments are an encounter with Christ, but in the Eucharist Christ is substantially present.



The Eucharist is the source and summit of the Christian life.

How does the Eucharist connect to the other Sacraments?

Baptism: we must first be baptized in order to receive the Eucharist. In Baptism, we first receive the grace won by the sacrifice of Christ made present on the altar in the Eucharist.

Confirmation: gives us an outpouring of the gifts of the Holy Spirit so that we can have a mature faith centered on Christ who is truly present in the Eucharist.

Penance: takes away our sins, so that we can receive the Eucharist with a pure heart and in the state of grace.

Anointing of the Sick: strengthens and cleanses us and prepares us in a special way for heaven, the glory of which is promised in the Eucharist - Viaticum: "food for the journey"

Holy Orders: gives us ministers of the Sacraments - priests who consecrate the Eucharist for the life of the Church.

Matrimony: witnesses Christ's love for His Church, which is made present in the Eucharist (Jesus gives us His Body, Blood, Soul, and Divinity freely and entirely in Holy Communion)

Ch. 21

- Sacrifice in the OT + NT
- Vessels used in Mass

Ch. 22

- Parts of the Mass

Ch. 23

→ Eucharist is:

- greatest sacrament
- connected to all sacraments
- source + summit
- worthy people

Eucharist Test Study Guide

M.C.

- #1-12 - the Mass in the Old and New Testaments

- #13-15 - General Mass Q's

Matching 1

- Review of Vessels

Chalice	Luna
Paten	Lunette
Cruets	Tabernacle
Lavabo	Sanctuary Lamp
Monstrance	Ciborium

Match 2

Altar Cloth	Pall
Corporal	Burse
Purificator	Chalice Veil

Match 3

Introductory Rites
Liturgy of the Word
Liturgy of the Eucharist
Concluding Rites

Short Answer

- Matter, Form, Minister
- The Eucharist is the Source and Summit of the Christian Life.
- Worthy Reception (3 Steps)
- Transubstantiation Chart (7pts)

Complete WBK, pg. 92



Complete WBK, pg. 90

- READ pg. 120

"Receiving the Eucharist Properly"

↳ WBK 91

