The Seven Sacraments

**What is a sacrament?**

*Your will chooses to stop*

*Sacrament*: a **visible sign** given by Christ that gives us **grace**

- a **visible sign** of **invisible grace**
- an **encounter** with Christ
- the means by which Christ makes us **holy**

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**Effective Efficacious Sign**

Sacraments do what they **signify**

Baptism: Water

Symbolizes what it does:

*purifies & gives life*

Like a stop sign that actually stops your car.
St. Augustine

Sacraments are effective:

I. **Ex opere operato**

"by the work worked" (sacraments)

- the effect of the sacrament does not depend on the holiness of the minister

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**But!** → What about our reception of the sacrament?

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**Ex opere operantis**

"by the work of the worker"

The benefit of the grace we receive from the sacrament does depend on our disposition.

WB 62

Complete pgs 61 - 62

If finished read ahead and complete pgs 63-64
## BAPTISM

**Matter:** Water poured (sprinkled 3 times on the person; person immersed in water 3 times)

**Form:** "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit"

**Minister:** Priest (Bishop, Deacon)  
In emergency anyone with the intention to baptize.

**Sacramental Grace:** The grace to live a holy life:
- Washes away all sin  
- Makes us adopted children of God, temples of the Holy Spirit
**Jesus Institutes the Sacraments**

Look up - summarize, which sacrament?

<table>
<thead>
<tr>
<th>Mk 16:15-16</th>
<th>Jn 20:19-23</th>
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</thead>
<tbody>
<tr>
<td>Mt 28:16-20</td>
<td>2 Cor 5:17-21</td>
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<tr>
<td>Lk. 10:16</td>
<td>Mk 6:7, 12</td>
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<tr>
<td>Mt. 18:18</td>
<td>James 5:14-15</td>
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<td>Mt. 16:18</td>
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<td>Acts 19:5-6</td>
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<td>Jn 6:53-56</td>
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<tr>
<td>1 Cor 11:23-26</td>
<td>Confirmation</td>
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<td>Lk 22:19-20</td>
<td>Eucharist</td>
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<td>Confession</td>
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<td>Anointing of the sick</td>
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<td>Marriage</td>
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<td>Holy Orders</td>
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Jesus Institutes the Sacraments
Look up- summarize, which sacrament?

- Baptism
  - Mk 16:15-16
  - Mt 28:16-20
  - Jn 20:19-23
  - 2 Cor 5:17-21

- Holy Orders
  - Lk. 10:16
  - Mt. 18:18
  - Mt. 16:18
  - James 5:14-15
  - Mk 6:7, 12

- Confirmation
  - Acts 19:5-6
  - Acts. 8:14-17

- Eucharist
  - Jn 6:53-56
  - 1 Cor 11:23-26
  - Lk 22:19-20

- Confession

- Marriage
  - Jn 2:1-11
  - Mk 10:7-9

- Penance
  - 2 Cor 5:17-21

- Anointing of the Sick
  - Mk 6:7, 12
  - James 5:14-15

HW Workbook pg 63
List seven sacraments
and write out matter and form for each
Use chapter 16 in text
<table>
<thead>
<tr>
<th>Sacrament</th>
<th>Matter and Form</th>
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<td>Baptism</td>
<td>Pouring of water while saying &quot;I baptize you in the name of the Father, and of the Son, and of the Holy Spirit&quot;</td>
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<td>Confirmation</td>
<td>The bishop's imposing his hand on the person and anointing him with chrism (blessed oil) while these words are said: &quot;Be sealed with the gift of the Holy Spirit&quot;</td>
</tr>
<tr>
<td>Eucharist</td>
<td>The gifts of bread and wine over which the priest says: &quot;This is my Body...This is my blood&quot;</td>
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<tr>
<td>Penance</td>
<td>The verbal confession of sins to a priest, along with repentance, intention for reparation, and absolution from the priest who says: &quot;I absolve you from your sins in the name of the Father...&quot;</td>
</tr>
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<td>Anointing of the Sick</td>
<td>Anointing with oil of the sick while saying: &quot;Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. Amen. May the Lord, who frees you from sin, save you and raise you up. Amen.&quot;</td>
</tr>
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<td>Holy Orders</td>
<td>The bishop's laying on of hands followed by his saying: &quot;We ask you, all powerful Father give these servants of yours the dignity of the presbyterate...&quot;</td>
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<tr>
<td>Matrimony</td>
<td>The exchange of wedding vows between a Christian man and Christian woman</td>
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</table>
Steps to a good confession

1) Know your sins (examination of conscience)
2) Be sorry for sin (Act of contrition)
3) Resolve to sin no more (amendment)
4) Confess sins to a priest.
5) Do your penance.
Steps to a worthy reception of Holy Communion

1) Be in a state of Grace (no mortal sin).

2) Fast for **one** hour.

3) Recognize with belief the real presence of Jesus.

4) Reverently receive our Lord.

5) Offer prayer of thanksgiving.
HW: List the Effects of the Sacrament of Baptism

A: 62-63

Ch 16